



Getting High Naturally

TST BOCES
TOMPKINS • SENECA • TIOGA



**Tompkins County Youth
Services Department &
TST BOCES Presents:**



Matt Bellace, Ph.D., has been a youth motivational speaker and stand-up comedian since 1995. He takes a positive, science-based and seriously entertaining approach to substance abuse prevention. Matt's main message is that young people need to feel empowered in their schools and communities. It is not enough to ask them to stay away from drugs and alcohol, we need to show them there are positive things they can do for themselves and others. They must all be leaders in their lives.

WHEN: Wednesday April 13, 2016

TIME: 3:00 to 4:30 p.m.

WHERE: Hangar Theatre, 801 Taughannock Blvd., Ithaca



Registration is not required for this FREE event. Please arrive on time to be seated, presentation will begin promptly at 3:00 p.m.